



Approximately 1 out of 4 North Country Adults have been diagnosed with obesity according to the findings of our 2023 Community Health Survey. World Obesity Day aims to engage people across the world in conversations about the stigmas and causes of obesity, while also encouraging individuals to learn more about the disease itself.



WORLD **OBESITY** — DAY —

For more information on this year's World Obesity Day Campaign, "Let's Talk About Obesity And..." and previous campaigns,

[CLICK HERE](#)

