

# North Country Regional Emergency Medical Advisory Committee

# **Policy Statement**

Serving: St. Lawrence, Jefferson, and Lewis Counties

No. 17-13

Date: 4/3/17

Re: Hospital Destination

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Supersedes:

## **Purpose:**

To provide guidance for providers on hospital destinations to ensure patients are transported to the most appropriate facility.

## **Background:**

New York State Department of Health Bureau of Emergency Medical Services and Trauma policy statement 06-01 states the following:

The triage and transport of out of hospital patients must be based upon established principles of emergency medical practice, including pre-established state and regional medical protocols and guidelines. For any given patient, the appropriateness of the receiving facility to provide emergency care is a medical decision. Therefore, the direction or redirection of a transporting vehicle cannot be made without medical approval based upon established Regional Emergency Medical Services System protocols

Based on the mechanism of injury, assessment findings, treatment, state and local protocol, a patient, in need of emergency medical care must be taken to the nearest appropriate health care facility capable of treating the illness, disability or injury of the patient.

Trauma- If the patient meets any one of the criteria delineated in the protocols, they must be transported to a regional trauma center

Stroke- Transport the patient to the closest New York State Department of Health designated Stroke Center if the total prehospital time is less than 3.5 hours.<sup>i</sup>

#### Policy:

- 1. NCEMS REMAC and Program Agency will work with regional article 28 facilities to maintain a list of current capabilities.
  - a. Regional EMS Services will be notified of changes when possible.
  - b. Any service not offered "24/7" should be verified prior to departure from scene.
- 2. All level of providers should evaluate the capabilities of the receiving facility(s) based off the patients' condition and consider transport to a facility capable of definitive treatment.
  - a. Patients meeting trauma criteria MUST be transport to a NYS designated Trauma Center.<sup>ii</sup>
  - b. Suspected Stoke patient refer to NCEMS Policy
  - c. Patients with significant bleeding, traumatic or non-traumatic should be transported to facilities capable of "massive transfusion" AND have 24/7 surgical availability.

- d. Patients with End Stage Renal Disease who receive dialysis whose complaint is respiratory in nature should be transported to facilities capable of dialysis.
- e. Patients with psychiatric complaints who pose no immediate or presumed threat to airway breathing or circulation should be transported to facilities with inpatient mental health capabilities.
- f. Patients with orthopedic injuries should be transported to facilities with orthopedic surgeons available.
- g. Patients who present in active labor should be taken to facilities who have OB/GYN services available.
- 3. Patients demanding to be transported to a specific facility must be advised of the risks if that facility is not appropriate. If they continue to demand a specific inappropriate facility that request must be accommodated.
- 4. Decisions to bypass a closer facility must be documented as to the services available or not available.
- 5. If unsure of facility capability it is advisable to contact that facility.
- 6. Utilization of medical control should be considered as needed.

#### References:

1. "Department of Health." *Emergency Patient Destinations and Hospital Diversion*. N.p., 11 Jan. 2006. Web. 28 Mar. 2017.

2. New York State Department of Health. Bureau of Emergency Medical Services. "NYS Basic Life Support Protocols." New York State Department of Health Bureau of Emergency Medical Services Statewide Pre-Hospital Treatment Protocols Version 1.0 (n.d.): n. pag. New York State Dept. Of Health 2019.